



Phone: (541) 535-2551

Fax: (541) 535-1417

Email: painhelp@turningpointpt.com

Web: www.turningpointpt.com

**331 South Pacific Highway
(Hwy 99 North)**

Talent, Oregon 97540

This cover sheet may be used as a FAX Cover.

FROM: _____

NUMBER OF PAGES: _____

DATE: _____

CONTACT PHONE: _____

NOTES: _____



Welcome to Turning Point Physical Therapy! Your therapy experience is very important to us and we will strive to deliver your services in a professional and enjoyable manner. Please read the following office policies thoroughly. **Paperwork must be completely filled out before your scheduled appointment time or the provider will not be able to see you. Thank you.**

- **Appointment Policy:** If you must cancel or reschedule an appointment, Please notify the physical therapy office **at least 24 hours in advance**. **One exception for unpredictable circumstances will be allowed.** Missed appointments are costly to our practice and deprive other patients of the opportunity to receive care. **A \$50.00 fee** will be assessed, prior to continued treatment, for failure to properly reschedule or cancel a therapy appointment. Your attention to this matter is most appreciated.
- **Late Arrivals to Appointment:** If you are going to be late for a scheduled appointment please contact our office. In the event you are 15 minutes or more, we may not be able to see you. This will be left up to the discretion of the physical therapist, however, if you are seen the appointment time will be reduced to allow for the time you were late.
- **Financial Policies:** *Insurance:* We will try to provide an explanation of your insurance benefits; however, it is ultimately **your** responsibility to verify coverage. **IT IS YOUR RESPONSIBILITY TO PAY ANY DEDUCTIBLE AMOUNT, CO-INSURANCE, OR OTHER BALANCE LEFT UNPAID BY YOUR INSURANCE COMPANY. As of July 1st 2010 you may be assessed a 1.5% finance charge (18% annual percentage rate) on balances 90 days old.**
 - ***Medicare Patients:** Medicare now requires that patients in physical therapy program must be seen by their prescribing physician every 60 days from the time you start therapy. It is your responsibility to schedule these appointments with your doctor.
 - ***Motor Vehicle Insurance:** As a courtesy, we will bill your MVA insurance company. Persons involved in a **LITIGATED SUIT** will **be expected to make payments** on any balance they may accumulate while being treated at this facility.
 - * **Co-Pay Policies:** If your policy involves a co-payment, the amount of the co-pay **must** be made at the time of service.
 - * **Fees:** Services and fees are available by contacting our billing department at (541)535-2551.
- **There is a \$10.00 fee for copying of Medical Records for patient's private use.**
- **Medical Record Review with patient is provided for a cost of \$25.00 per/hour.**
- **Child Care:** Please make arrangements for child care and pets. Children and pets are not allowed in the therapy department due to potential disruption of care and safety considerations.

I HAVE READ AND UNDERSTAND THIS POLICY STATEMENT AS SET FORTH AND AGREE TO FOLLOW THE PROCEDURES AS OUTLINED.

Signature: _____ Date: _____

WELCOME TO OUR OFFICE

PATIENT INFORMATION

Today's Date: ___/___/___

Patient Legal Name: _____

Last

First

Middle

Birthdate: ___/___/___

SSN#: ___/___/___

Physical Address: _____

City: _____ State: _____ Zip Code: _____

Mailing Address: _____

City: _____ State: _____ Zip Code: _____

Home Phone: (____) _____ - _____ Cell: (____) _____ - _____

Employment Status: Full time/ Part Time/ Unemployed/ Disabled

Employer: _____

Employers Address: _____

City: _____ State: _____ Zip Code: _____

Employers Phone Number: (____) _____ - _____

Student Status: Full Time/ Part Time/ NA

Marital Status: Married / Single / Legally Separated / Divorced / Widowed

Name of Spouse: _____

Emergency Contact: _____ Phone# (____) _____ - _____

Referring Doctor: _____

Primary Doctor: _____

Turning Point Physical Therapy

331 S. Pac. Hwy.

Talent, OR. 97540

Phone: 541-535-2551

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MEDICAL HISTORY

Name: _____ Date: _____

1. Do you have an advanced directive? YES / NO
2. Onset date? (date within last 6 month of the issue or symptoms worsening) _____
3. Primary diagnosis? (Worst complaint you are here for...) _____
4. Medications? (Please list any prescriptions, medications, over the counter drugs you are taking including skin patches, ect. _____
5. Physician? (Practitioner who sent you to physical therapy) _____
6. Occupation? _____
7. Age? _____ D.O.B. ____/____/____
8. Gender? M/F
9. Mechanism of injury: (Please check one or explain how your injury occurred?)

Lifting ___ Car accident ___ a fall ___
Trauma/accident ___ Degenerative process ___ Overuse trauma ___
Running ___ Blow to the face ___ Sports injury ___
Throwing ___ Hit by a ball ___ Unknown ___
Other _____

10. What are your current symptoms? (Check all that apply and write-in if needed)

Pain ___ Mechanical pain ___ Pins and needles ___
Fever/chills/sweats ___ Syncope ___ Night pains ___
Malaise ___ Dyspnea ___ Bowel dysfunction ___
Nausea/vomiting ___ Numbness ___ Sexual dysfunction ___
Weakness ___ Dysuria ___ Dizziness ___
Headaches ___ Urinary frequency changes ___
Unexplained weight changes ___ other _____

11. Other diagnosis? (Have you ever been diagnosed with any of the following.. check all that apply)

Cancer ___ Osteoarthritis ___ Depression ___
High blood pressure ___ Hepatitis ___ Stroke ___
Tuberculosis ___ Emphysema ___ Anemia ___
Kidney Disease ___ Chemical dependency ___ Diabetes ___
Anorexia/bulimia ___ Thyroid problems ___ Epilepsy ___
Raynauds disease ___ Multiple sclerosis ___ Allergies ___
HIV/Aids ___ Rheumatoid arthritis ___ Bronchitis ___
Heart problems ___ other (write-in) _____

12. Age of condition? _____

13. Have you had Physical Therapy before? Y/N

14. Practitioners seen for this condition? (Check if applicable)

Dentist ___ Psychiatrist/Psychologist ___ Chiropractors ___
Massage Therapists ___ Osteopath ___ Acupuncturists ___
Other (write-in) _____

15. Do you have any of the following (Contraindications to some physical therapy treatment. Check and or write-in)

Total hip replacement ___ Pacemaker ___ No sensation _____ Other _____

16. Prior Level of Function (How long have your symptoms lasted?) _____

17. Previous treatment for this condition includes? (Check if applicable and/or write-in)

Laser therapy ___ Medication ___ Physical therapy ___

Massage therapy ___ Chiropractic ___ Acupuncture ___

Other _____

18. Write in your Pain level at best (0-10)? _____ **Pain level at worst (0-10)?** _____

19. Current functional problems posing a change due to pain or symptoms? (Check all that apply...)

Walking ___ Work ___ Personal Care ___ Sleeping ___

Dressing ___ Stairs ___ Reaching ___ Sitting ___

Carrying ___ Reading ___ Driving ___ Recreation/Sports ___

Headaches ___ Lifting ___ Talking ___ Concentration ___

Standing ___ Eating ___ Squatting ___ walking (uneven ground) ___

20. Was the onset of this condition gradual or sudden? _____

21. Since the onset are your symptoms getting better, worse or no change? _____

22. How many times have you had similar symptoms in the past? (Check one or write-in) _____

None _____ One to five _____ More than five _____

23. Have you ever had a surgery? Y/N If yes, was the surgery related in any way to you current symptoms (Please explain)? _____

24. Nature of pain? (Check all that apply and/or write-in)

Sharp ___ Dull ___ Throbbing ___ Aching ___ Periodic ___ Occasional ___ Constant ___

Other _____

25. Has anyone in your immediate family ever been treated for the following? (Check all that apply and/or write-in)

Cancer ___ arthritis ___ Mental illness ___ High blood pressure ___ Hepatitis ___

Stroke ___ Tuberculosis ___ Emphysema ___ Anemia ___ Kidney disease ___

Chemical dependency ___ Diabetes ___ Epilepsy ___ Heart problems ___

Other _____

26. How many packs of cigarettes do you smoke a day? _____

27. How many caffeinated (coffee, soda pop) drinks do you drink per day? _____

28. How many alcoholic drinks do you consume per day _____ per week? _____

29. How many days per week do you smoke marijuana? _____

30. Do you have any issues with sensation (i.e. numbness, lack of hot/cold sensation, pins and needles, etc.) If so, where do you experience this? _____

31. Is there anything else missed on this questionnaire that you think needs to be mentioned?

TURNING POINT PHYSICAL THERAPY

331 SOUTH PACIFIC HWY.

TALENT, OREGON 97540

Phone: 535-2551 Fax: 535-1417

CONSENT TO USE OR DISCLOSE MEDICAL INFORMATION

I authorize Turning Point Physical Therapy to use and disclose the health and medical information of _____ for the purposes of Treatment, Payment and Health Care Operations.

(Name of Patient)

- **Treatment** (includes activities performed by a physician, nurse, office staff, and other Types of health care professionals providing care to you, coordinating or managing your Care with third parties, and consultations with and between other health care providers. This consent includes treatment provided by any health care professional that covers my/our practice by telephone as the on call provider).
- **Payment** (includes activities involved in determining your eligibility for health plan Coverage, billing and receiving payment for your health benefit claims, and utilization Management activities which may include review of health care services for medical necessity, justification of charges, pre-certification and pre-authorization).
- **Health Care Operations** (includes the necessary administrative and business functions of our office).

I understand that I have the right to revoke this CONSENT provided that I do so in writing, except to the extent that Turning Point Physical Therapy has already used or disclosed the information in reliance on this CONSENT.

(Date)

(Signature of Patient)

(or)

(Date)

(Signature of Representative)

(Description of representative's authority)

Insurance Information

Is this appointment the result of an accident or injury? ___ Yes ___ No

Personal Primary Insurance:

Insurance Company: _____

Secondary Insurance: _____

Circle one: Motor Vehicle/ workers Compensation/ Personal Injury

Date of injury: ___/___/___ Policy#: _____

Adjuster/ Agent Name: _____

Phone #: (___) ___ - ___ Ext: _____

Insurance Company Name: _____

Claim Address: _____

City: _____ State: ___ Zip Code: _____

Employer: _____

Financial Responsibility Disclaimer

Name: _____ Date: _____

Phone #: _____ Referring Dr: _____

We are happy to bill your insurance. **However, you are responsible for contacting your insurance to clarify your individual coverage for physical therapy.** Some insurance companies limit the number of physical therapy visits in a given year. If this is the case, please notify your therapist so that your program can be designed to fit into these limitations. Also you must keep track of your visits so you don't exceed the parameters (number of visits allowed per calendar year or pre year). **If payment is denied for too many visits, you are responsible for those changes.**

If you have any questions, please discuss them with us. It is our goal to provide you a program that is both successful for your physical needs and financial restriction and responsibilities.

I acknowledge that it is my responsibility to verify insurance coverage with my insurance company. I understand that I am financially responsible for any changes incurred with my physical therapy in the event that my insurance company fails to cover any charges.

Patient Signature: _____ **Date:** _____

Acknowledgment of Receipt of Notice of Privacy Practices

TURNING POINT PHYSICAL THERAPY

PRIVACY OFFICER: MIKE PENNINGTON 541-535-2551

I hereby acknowledge that I received a copy of this medical practice's Notice of Privacy Practices. I further acknowledge that a copy of the current notice will be posted in the reception area, and that a copy of any amended Notice of Privacy will be available at each appointment.

Signed: _____ Date: _____

Print Name: _____ Phone # _____

If not signed by the patient, please indicate:

Relationship:

Parent or guardian of minor patient

Guardian or conservator of an incompetent patient

Beneficiary or personal representative of deceased patient

Name of Patient: _____

Notice of Privacy Practices Acknowledgment Tracking Information

Name of Patient: _____

Address: _____

For office Use only:

Date Received: _____ Processed By: _____

Practice Follow-up: Yes No Date of Practice Follow-up: _____

Complete the following only if the Patient refuses to sign the Acknowledgment:

Efforts to obtain:

Reasons for refusal:



HEALTH RISK ANALYSIS LIFESTYLE QUESTIONNAIRE

DATE OF ANALYSIS

NAME

ADDRESS

CITY STATE ZIP

(____) _____ (____) _____

HOME PHONE WORK PHONE

____/____/____

DATE OF BIRTH SEX

=====

How to complete the questionnaire.

The information you supply in the following *Health Risk Analysis* questionnaire will be used to develop a profile of your current risk status for coronary heart disease, cancer and other lifestyle related concerns. All of the information you provide is strictly confidential. Honest and accurate answers will provide a meaningful health risk analysis report. You should read and understand each question thoroughly and then place an "X" in front of each appropriate response.

Patient: _____

Section A

Non-Controllable Risk Factors

1.0 Family history of Coronary Heart Disease occurring before 60 years old.

Indicate the number of members of your direct family (related by birth) who have died or been diagnosed with Coronary Heart Disease before the age of 60.

- 1) None
- 2) 1 person
- 3) More than 1

2.0 Family history of Coronary Heart Disease occurring after 60 years old.

Indicate the number of members of your direct family (related by birth) who have died or been diagnosed with Coronary Heart Disease after the age of 60.

- 1) None
- 2) 1 person
- 3) More than 1

3.0 Family history of Diabetes.

Indicate the number of members of your direct family (related by birth) who have been diagnosed with diabetes.

- 1) None
- 2) 1 person
- 3) More than 1

4.0 Family history of Strokes or Cerebral Vascular Disease.

Indicate the number of members of your direct family (related by birth) who have died or been diagnosed with Strokes or Cerebral Vascular Disease.

- 1) None
- 2) 1 person
- 3) More than 1

5.0 Personal history of cancer

Have you ever been diagnosed with any type of cancer?

- 1) Yes
- 2) No

6.0 Personal history of heart disease

Have you ever been diagnosed with any form of heart disease?

- 1) Yes
- 2) No

Section B

Personal Health History and Habits

7.0 Colon/Rectal Screening

If you are over the age of 40, do you have an annual colon/rectal screening?

- 1) Yes
- 2) No
- 3) Not Applicable

8.0 PAP Smear

If you are a female over the age of 18, do you have an annual PAP smear?

- 1) Yes
- 2) No
- 3) Not Applicable

9.0 Mammogram Screening

If you are a female over the age of 35, have you had a mammogram within the past 2 years?

- 1) Yes
- 2) No
- 3) Not applicable

10.0 Prostate screening

If you are a male over the age of 40, have you had a prostate screening within the past 2 years?

- 1) Yes
- 2) No
- 3) Not applicable

11.0 Routine Health Screening

How often do you see your physician for routine check-ups or health screenings?

- 1) On an annual basis
- 2) At least every 2 years
- 3) Within the past 5 years
- 4) Not within the past 5 years

12.0 Cancer Warning Signs

Indicate if you have any of the following cancer warning signs.

- 1) Change in bowel or bladder habits
- 2) Chronic indigestion or difficulty in swallowing
- 3) Thickening or lump in breast or elsewhere
- 4) Unusual bleeding or discharge, a sore that does not heal
- 5) Change in freckle or mole
- 6) Persistent cough or sore throat
- 7) Unexplained weight loss
- 8) None

Section C

Alcohol/Caffeine/Tobacco Consumption

13.0 Consumption of alcohol

How often do you consume alcohol?

- 1) Never drink
- 2) 2 days or less per week
- 3) 3 days per week
- 4) 4 or more days per week

14.0 Number of alcoholic beverages

On the days you drink, on the average how many drinks do you have?

- 1) Never drink
- 2) 1 to 2 drinks
- 3) 3 to 4 drinks
- 4) 5 or more drinks

15.0 Caffeine

How often do you consume caffeine in your diet including coffee, tea, cola or chocolate?

- 1) Never
- 2) Occasionally but not every day
- 3) 1 to 3 servings daily
- 4) 3 to 5 servings daily
- 5) More than 5 servings daily

16.0 Smoking status

Indicate which of the following best represents your current status

NOTE: Check all that apply.

- 1) Have never smoked
- 2) Quit smoking less than 5 years ago
- 3) Quit smoking more than 5 years ago
- 4) Smoke pipe or cigar
- 5) Smoke less than 1 pack of cigarettes per day
- 6) Smoke more than 1 pack of cigarettes per day

17.0 Smokeless Tobacco

Do you use smokeless tobacco?

- 1) Yes
- 2) No

Section D **Exercise Program**

18.0 Exercise Frequency

On the average, how many days per week do you exercise?

- 1) 3 or more days per week
- 2) Less than 3 days per week
- 3) No regular exercise program

19.0 Proper stretching

Do you perform stretching prior to exercise?

- 1) Always
- 2) Sometimes
- 3) Never
- 4) Currently not exercising

20.0 Warm-up and cool down

Do you warm-up and cool-down after exercising?

- 1) Always
- 2) Sometimes
- 3) Never
- 4) Currently not exercising

Section E **Nutrition Habits**

21.0 Daily Meals

On the average how many meals do you consume per day?

- 1) 3 meals with "healthy" snacks
- 2) 3 meals
- 3) 2 meals or less
- 4) No regular eating pattern

22.0 Consumption of grain/bread products

On the average, indicate the type and amount of grain products you normally consume per day.

Note: A serving is 1 slice of bread, 1/3 cup beans / peas, 1/3 cup oatmeal, rice or other grain products. Choose the response that best describes your eating habits.

- 1) Whole grains at least 6 or more servings per day
- 2) Whole grains 6 servings or fewer servings per day
- 3) Refined grains such as white bread/rolls/processed flour at least 6 or more servings a day
- 4) Refined grains such as white bread/rolls/processed flour 5 or less servings per day
- 5) Rarely consume grain products

23.0 Consumption of vegetables

On the average, how many servings of vegetables do you consume per day? Note: A serving is approximately 1 cup of raw or 1/2 cup of cooked.

- 1) At least 3 to 5 servings per day
- 2) Less than 3 servings per day
- 3) Rarely consume vegetables

24.0 Consumption of fruits

On the average, how many servings of fruit do you consume per day? Note: A serving is approximately 1 piece of fruit.

- 1) At least 2 to 4 servings per day
- 2) Less than 2 servings
- 3) Rarely consume fruit

25.0 Daily consumption of dairy products

On the average, how many servings of dairy products do you consume per day? Note: A serving is approximately 1 cup of milk or 1 oz. of cheese.

- 1) At least 2 servings per day
- 2) Less than 2 servings
- 3) Rarely consume dairy products

26.0 Type of Dairy products

Indicate the type of dairy products you consume.

- 1) Nonfat selections only
- 2) Both low fat and nonfat about the same
- 3) Low fat only
- 4) Usually high fat selections
- 5) Do not consume dairy products

27.0 Daily consumption of meats and meat products

Indicate the type of meat you normally consume. Note: Choose the response that best describes your eating habits

- 1) Do not consume meat or meat products
- 2) Consume less than 6 oz. of low fat poultry or fish per day
- 3) Consume more than 6 oz. of low fat poultry or fish per day
- 4) Consume less than 6 oz. of high fat red meat per day
- 5) Consume more than 6 oz. of high fat red meat per day

28.0 Consumption of fats, dressings and spreads

Indicate the type and number of servings of fat, dressings and spreads you consume each day.

Note: High fat examples include butter, lard, and margarine, low fat examples include non-fat low-fat salad dressing, mayonnaise and cheese. Choose the response that best describes your eating habits. A serving is approximately 1 tablespoon.

- 1) Use low fat selections sparingly (less than 3 per day)
- 2) Use low fat selections frequently (3 or more per day)
- 3) Use both low fat and high fat about the same sparingly (3 or less)
- 4) Use high fat selections sparingly (less than 3 per day)
- 5) Use high fat selections (more than 3 per day)

29.0 Consumption of water

On the average, how many glasses of water do you consume per day? Note: A serving is one 8-oz. glass of water only; do not include coffee, soda or other beverages.

- 1) At least 8 glasses per day
- 2) About 4 to 8 glasses per day
- 3) Less than 4 glasses per day
- 4) Seldom consume water

30.0 Convenience and snack food consumption

On the average how many times per day do you eat convenience foods or forms of fast food?

- 1) Never
- 2) Less than 1 time per day
- 3) More than 1 time per day

Section F **Personal Health**

31.0 Dental Check-up

Do you have an annual check-up with your Dentist?

- 1) Yes
 2) No

32.0 Oral Health

Do you have any abnormal bleeding in your gums or around your teeth?

- 1) Yes
 2) No

33.0 Eye Examination

How often do you see an eye specialist?

- 1) Once per year
 2) Once every two years
 3) Not within the last 2 years
 4) No regular exams

34.0 Living Environment

Do you live or work in an environment, which you consider to expose you to pollution, either air, water or from your food?

- 1) Yes
 2) No

35.0 Smoke Detector

Do you have at least one (1) working smoke detector for each floor of your home or apartment, which you check on a monthly basis?

- 1) Yes
 2) No

36.0 Seat Belt Use

How often do you use your seat belt when either operating a motor vehicle or riding as a passenger?

- 1) Always
 2) Sometimes
 3) Never

37.0 Automobile Mileage

How many miles per month do you drive an automobile or ride as a passenger?

- 1) Less than 1000
 2) Between 1001 to 1499
 3) More than 1500 per month

38.0 Automobile Maintenance

If you own an automobile, do you have regular maintenance performed such as checking the tires, oil etc.?

- 1) Not applicable
 2) Yes
 3) No

39.0 Fire Protection

Do you have a working fire extinguisher in your home?

- 1) Yes
 2) No

Section H
Osteoporosis**48.0 Osteoporosis**

Have you ever been diagnosed with or indicated that you were at risk for Osteoporosis?

- 1) Yes
 2) No
 3) Not applicable

